



Appendix C: Summary of recommendations from the 2017 Australian Mental Health Care in the

Screening for anxiety

ix	Consensus Based Recommendation	Be aware that anxiety disorder is very common in the perinatal period and should be considered in the broader clinical assessment.
x	Consensus Based Recommendation	As part of the clinical assessment, use anxiety items from screening tools (e.g. EPDS items 3, 4 and 5, DASS anxiety items and K-10 items 2, 3, 5 and 6) and relevant items in structured psychosocial assessment tools (e.g. AN

